TIME SCHEDULE

			Due Time	
M.T.C.	1	1 Minute intervals	08:59:00	09.26
SS	1	1 Minute intervals	09:00:00	09.27
SS	2	1 Minute intervals	09:07:30	09.34.30
SERVICE				
M.T.C.	2	1 Minute intervals	10:29:00	10.56
SS	3	1 Minute intervals	10:30:00	10.57
SERVICE				
M.T.C.	3	1 Minute intervals	12:14:00	12.41
SS	4	1 Minute intervals	12:15:00	12.42.
SS	5	1 Minute intervals	12:22:30	12.49.30.
SERVICE				
M.T.C.	4	1 Minute intervals	13:48:00	14.15.
SS	6	1 Minute intervals	13:49:00	14.16.
SERVICE				
M.T.C.	5	1 Minute intervals	15:44:00	16.11
SS	7	1 Minute intervals	15:45:00	16.12.
SS	8	1 Minute intervals	15:53:30	16.20.30.
SERVICE				
M.T.C.	6	1 Minute intervals	17:15:00	17.42
SS	9	1 Minute intervals	17:16:00	17.43
SS	10	1 Minute intervals	17:23:30	17.50.30.
FINISH				

The times given are for CAR 0 and are British Summer Time. Please note that in order to reduce waiting time there will not be any specific lunch break.

STAGE TARGET TIMES		YOUR STAGE TIMES
STAGE 1	4 minutes	6.43
STAGE 2	4 minutes	7.13 13.56
STAGE 3	8 minutes	
STAGE 4	4 minutes	
STAGE 5	4 minutes	
STAGE 6	8 minutes	
STAGE 7	5 minutes	
STAGE 8	5 minutes	
STAGE 9	3 minutes	
STAGE 10	3 minutes	